

Triplet Study

Quarter Note Triplet Exercise

BanjoBenClark.com

Quarter Notes Eighth Notes Eighth Triplets Quarter Triplets

1 E 4/4 0 0 0 0
2 0-0-0-0-0-0-0-0
3 000-000-000-000
4 0-0-0 0-0-0

Scale Exercise

5 0-2-4-5 0-2-4-5
6 0-2-3-5 0-2
7 3-2-0 5-3-2-0
8 4-2-0 5-4-2

9 0 2 4 5 0 2 4 5
10 0-2-4-5 0-2-4
11 5-0-2-3-5 0-2
12 3-2-0 5-3-2-0

Arpeggio Exercise

13 5-4-2-0 5-4-2
14 0-0-0 0-0-0
15 0-4-0-5
16 2-5-3-5

Quarter Triplets

17 2 5 0 4
18 0 0 0 0
19 0 4 0 5 2 5
20 3 5 2 5 0 4

